



Sport Of Cheer

2024-2025 Season Tryout Information

Sport Of Cheer (SOC) is Austin, Texas' most preeminent cheerleading training facility. We are committed to providing the highest quality All-Star instruction, nurturing talents, fostering growth, and inspiring our athletes to become leaders and champions both on and off the mat. Our experienced USASF certified coaches provide a family-oriented, safe, and effective learning environment for cheerleaders of all ages and experience levels.



2024-2025 Program Offerings*

Program Type	Time Commitment
Elite	<p>Competitive Full-Year Program. This program is for athletes who have decided to focus on cheer as their main sport and want the full All-Star experience.</p> <p>The season runs June - May and includes two 2-hour practices per week (1 weekend, 1 weekday). Extra practices may be scheduled on an as-needed basis before competitions (at no additional cost) to ensure that the team is prepared to leave their best routine on the mat.</p> <p>Athletes will compete in approximately 5 - 8 competitions from October through May.</p> <p>Tuition is about \$360/month. Fees for competition registration, uniforms, practice wear, coaches travel, music, and choreography will be additional.</p> <p><i>Complete pricing will be included in the Tryout Packet to be distributed at tryouts.</i></p>
Prep**	<p>Full-Year Program. This program is for athletes new to cheer or early in their cheer journey that still want to experience the best that All-Star has to offer.</p> <p>The season runs June – May and has a reduced practice schedule. Athletes will compete in approximately 3 - 5 semi local, 1-day competitions from October - May.</p> <p>Tuition is about \$285/month. Competition and extra fees are reduced.</p>

**potential offering depends on interest

* Program offerings will be finalized during tryouts based on the skill-level and interest of our athletes.

2024-2025 Tryout Information

Tryouts will be held Saturday, May 18th and Sunday, May 19st

Registration. All athletes interested in our program must register in advance for tryouts on our Sport of Cheer Parent Portal found on www.sportofcheer.com. If you have never registered before, you will need to set up an account with and add the required details for your athlete. The cost to tryout is \$50 per athlete and includes two 2-hr clinics before tryouts and two 2-hr practices after tryouts.



Tryout Schedule. Athletes will register for one 20-min tryout slot on either tryout day (Saturday May 18th) based on their availability on the parent portal. If the times available in the portal do not align with your schedule, please send an email to allstar@sportofcheer.com.

Tryout Process. Athletes will be trying out in groups of four and will be asked to demonstrate standing tumbling, running tumbling, jumps, dance, and an overall fitness assessment, as appropriate for their experience level. For those interested in a flyer position, please also register for a flyer tryout.

Evaluation. Athletes will be placed on a team at the discretion of the coaching staff based on mental focus, maturity, and stunt group compatibility, as well as the tumbling & stunting skills of the athlete and what is needed on each team. It is very important to understand that technique and execution of skills are critical in the forming of our teams. It is not only important to “land” a skill but to be able to execute it repeatedly almost “effortlessly.” Coaches reserve the right to move athletes to other teams and different positions during the season if it is determined that their skills are needed or better suited outside of their current team. Our goal is to put every athlete in a position on a team where they can shine and showcase their talent.

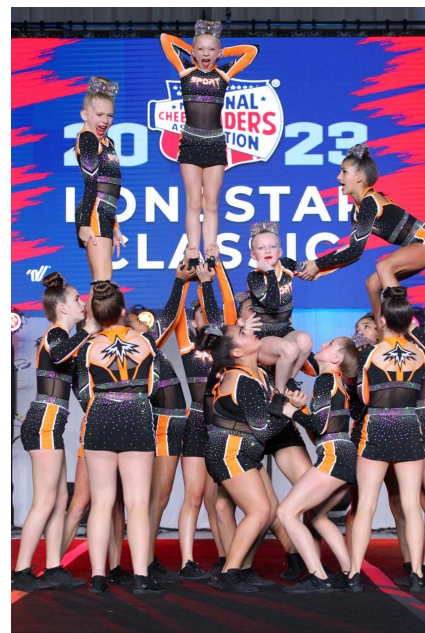
Team Placement Notification and Next Steps. **All athletes will be notified of their team placement via Instagram post from Sport of Cheer by Sunday, May 19th.** Monday, May 20th - Wed, May 22nd we will hold our first week of team practices which are open to everyone who participated in tryouts (included as part of the tryout fee). A mandatory parent meeting will be held Monday May 22nd & Wednesday, May 24th to discuss plans for the season, answer questions, gather contracts, and ensure everyone is properly registered in the portal (only attend one meeting on the day of your selected teams practice).

Additional Questions? Please reach out to allstar@sportofcheer.com and we will be happy to help you.

2024-2025 Important Dates

2024-2025 Tentative Holiday Schedule - Gym Closed*

- Summer Break – May 24 – June 9th
- Father’s Day – June 16
- Independence Day – July 1 – 7th
- Labor Day – Aug 30 - Sept 2
- Thanksgiving – Nov 28 - Dec 1st
- Winter Break – Dec 20 – Jan 2
- Spring Break – March 9th & 10th
- Easter – March 31st
- Mother’s Day – May 12



**Subject to change*

Potential Competitions for 2024-2025 Season**
Redline Fall Classic - San Antonio - TBD
Coastal Clash - Galveston, 12/14
Southern Showdown - Cedar Park, 1/26
Redline H-Town Throwdown - Houston, 2/16
Texas Grand Nationals - Frisco, 3/8
FINALS - ASW 4/15-4/18

*** Competition schedule will be finalized as we get closer to the start of the competition season.*

Guidance on Tumbling Skills By Level

Novice	No previous experience or working towards: Forward Roll Backwards Roll Cartwheel Round Off
Elite Level 1	Forward Roll Backwards Roll Cartwheel Round Off Back and Front Walkover Valdez
Elite Level 2	Standing Back Handspring (BHS) Back Walkover Back Handspring Front Walkover Round off Back Handspring Round Off Back Handspring Series
Elite Level 3	Standing 3 Back Handspring Round Off Back Tuck Round Off Back Handspring Back Tuck Punch Front / Aerial
Elite Level 4	Standing Back Tuck Standing Back Handspring Back Tuck Jumps to Back Handspring Back Tuck Round Off Back Handspring Layout Whip / Tuck to Layout
Elite Level 5	Jump to Back Tuck Standing Back Handspring to Layout Round Off Back Handspring to Full Front Walkover/ Punch Front to Round Off Back Handspring to Full
Elite Level 6	Jumps to Tuck Standing Back Handspring to Full Jumps to Back Handspring to Full Punch Front Round Off Back Handspring to Full

